

Study Tours

China

Cost: £1,400

Prerequisite, last year study or practitioner level only

Minimum time 14 days hospitals in Hangzhou
Introduction to Touch Tuina and orientation of Hangzhou

Places of interest and eating included

Touch Tuina mini guide of Hangzhou/Shanghai
Tour hospitals and their doctors

Translators whilst working in the hospital
Accommodation

Not included:

Booking and payment of flight

Visa application and payment for China

UK

Cost: £100-£125 per day

We host training for overseas students.

Supervision, tuition, lectures and practical study. Please email for further information
info@touchtuina.com

Jamaica

Cost: £100 per day

For Tuina practitioners only

Learn Touch Tuina techniques and protocols for sports injuries

May include working with some Olympians and top athletes

Not included:

Booking and payments of flights, visas hotels, food, or excursions

Introduction to Tuina

For non-massage therapists, acupuncturists and massage/Tuina therapists.

This day introduces you to Tuina therapy, basic techniques for treatments. This half-day is a perfect taster to see if you wish to join the full certification course

Mini lectures

Course Topics:

TCM theories

Discussion of 10 questions
Headaches/migraine/neck pain/dizziness

Frozen Shoulder/RSIs

Arando Technique for scoliosis

And more to come, for more information please email info@touchtuina.com



Providing Accredited Courses
Creating Career
Opportunities
Training Successful
Practitioners

www.tuinastudenttomaster.com
www.touchtuina.com

Phone: 020 3623 2952

E-mail:
info@touchtuina.com

Tuina Student To Master

Course Details

Length of Study:

12 Months part-time
(100% attendance six classroom weekends /6 months clinical training)

Cost: £3000

Course Syllabus:

All the Tuina hand techniques from The Student to Master Manual
Introduction to TCM, Five elements, Zang-Fu and Yin Yang theory
15 channels and 30 common points

Massage protocols, for Prone, supine and seated routines

Massage protocols for the forearm, hand and calf treatments

Massage protocols for common diseases eg; pain, RSI or poor circulation

Introduction to cupping

Inclusive of six-month in-house clinical hands on training, equivalent to 400 hours clinical supervision and mentoring

Case history taking and business start up

Practical examination would be needed to complete the certification stage

Tuina based Reflexology

Course Details

Length of Study:

6 months part-time (over 6 weekends)

Cost:£950

Course Syllabus:

History of reflexology
Differences between western and eastern techniques
Tuina-based hand techniques for the feet

Introduction to TCM, Yin Yang theory, Five Elements, Zang Fu, channels and points of the leg

Reflex zones of the feet
Treatment of common ailments and injuries and internal conditions

Case history taking
contraindications
Routines/Protocols of Tuina based foot massage

10 Case studies and practical exam for completion of certification

Touch Tuina Cupping course

Course Details

Length of Study:

2 weekends with a 2 month break in between

Cost:

Course Syllabus:

History of cupping and different techniques and styles of cups

Introduction to TCM

Case history taking
Contraindications
Health and Safety

Treatment protocols for common conditions;
Planter fasciitis
Common cold/flu
Detox
Cellulite
RSI
Endocrine disorders
Poor circulation

This course is a hands on approach to modern day cupping